



Blackfriars Bakewell Flapjack 110g (25 Pack)

Product Images



Additional Information

Brand

Blackfriars

Storage

Temperature

Ambient

Ingredients

Ingredients

OATS, Margarine (Palm Oil, Rapeseed Oil, Water, Salt, Emulsifier (E475), Flavouring), White Chocolate Flavour Topping (15%) (Sugar, Vegetable Oils (Palm Kernel, Palm), Whey Powder (MILK), WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifier (SOYA Lecithin), Flavouring), Partially Inverted Sugar Syrup, Sugar, Mixed Fruit Jam (5%) (Glucose Syrup, Apple, Plum, Apricot, Acidity Regulators (E330, E331), Colour (E163), Gelling Agent (E440), Flavouring, Preservative (E202)), Flavouring, Chocolate Flavour Coating (Sugar, Vegetable Oils (Palm Kernel, Palm), Whey Powder (MILK), Fat Reduced Cocoa Powder, WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Emulsifiers (SOYA Lecithin, E476), Flavouring).

Allergens

Celery	No
Gluten	Yes
Crustacea	No
Eggs	May Contain
Fish	No
Lupin	No
Milk	Yes
Molluscs	No
Mustard	No
Nuts	May Contain
Peanuts	May Contain
Sesame	May Contain
Soya	Yes
Sulphites	May Contain

Dietary Information

Approved for a Halal	Yes
Approved for a Kosher Diet	No
Suitable for Coeliacs	No
Suitable for Lactose-Free Diet	No
Suitable for a Vegan	No
Suitable for a Vegetarian	Yes

Carbs per 100g (g)	60 g
Carbs of which Sugars per 100g (g)	29 g
Fat per 100g (g)	23 g
Fat of which Saturates per 100g (g)	10 g
Fibre per 100g	3.7 g
Energy per 100g (kcal)	471 kcal
Energy per 100g (kj)	1972 kj
Protein per 100g (g)	5.1 g
Salt per 100g (g)	0.57 g

While every care has been taken to ensure this information is correct, food products are constantly being reformulated and nutrition content may change. We would therefore recommend that you do not rely solely on this information and always check product labels. This does not affect your statutory rights. We do not accept liability for any inaccuracies or incorrect information contained on this site.

Nutritional Information